

Emma Cannon

fertility to family

PRE-CONCEPTION, IVF AND PREGNANCY SUPPORT PACKAGES

- Acupuncture
- Fertility Awareness
- Midwifery
- Male Fertility

"Our integrated approach is always with one aim in mind, and that is to optimize a patient's overall health and well-being in order to enhance their fertility and maximize their chances of getting pregnant. I believe in empowering couples to give them confidence and encourage them to understand they have an important role to play in preparing for conception."

Emma Cannon
Bsc Hons Ac, MbBAC

FERTILITY TO FAMILY

We provide an integrated, medically led approach to health, supporting women's gynaecology, fertility planning, pre-conception, IVF support and pregnancy. With acupuncture underpinning all our treatments, our pre-conception packages are aimed at raising your general health levels and dealing with any problems you have with a view to producing healthy pregnancies and healthy babies.

Our fertility and pregnancy cycles are based on many years of experience and the observation of hundreds of people who have taken the journey to become parents.

IVF SUPPORT

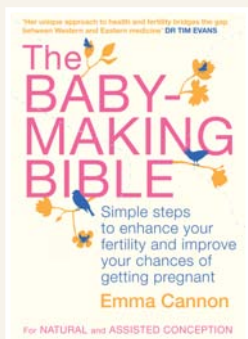
It is not uncommon for pregnancy to take a little longer to achieve and some couples will need assisted reproductive treatment. Whatever your fertility treatment we can design an individual programme to suit and support you. This will be largely based on acupuncture given at specific times of the IVF/IVI cycle. Research has demonstrated that acupuncture before and after embryo transfer may increase the chances of success. We also welcome male partners who may wish to receive acupuncture during an IVF cycle.

FERTILITY AWARENESS COMBINED WITH ACUPUNCTURE

By asking careful questions about your menstrual cycle and medical history we are able to gain a great deal of information regarding your general health and fertility. Teaching women about their menstrual cycle and making them more aware of their fertile window is central to our practice. We use acupuncture to encourage your body to perform each phase of the menstrual cycle optimally. We advise all women wishing to conceive naturally to visit our Fertility Awareness Nurse Lynne Agar and to attend weekly for acupuncture (for 1 menstrual cycle). Commonly women report that menstrual symptoms improve; less pain, more regular bleeds and less moody! These are all signs the body is coming back into balance and can be good news in fertility terms.

EARLY PREGNANCY

We provide personalised packages to support you and your baby through the different stages of pregnancy. We work to assist in preventing common pregnancy ailments as well as maintaining your general well-being. We address the underlying cause of imbalance which helps protect against the onset of more serious conditions. You can also consult with our midwife Anna Cannon at any time during your pregnancy.



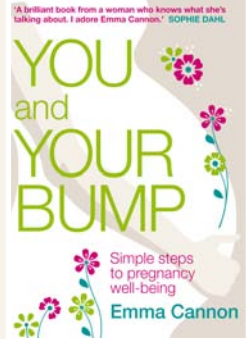
The Baby-Making Bible

"The Baby-Making Bible cuts through the welter of often confusing dos and don'ts"

You Magazine, Mail on Sunday

"Whether you're trying for your first baby, or planning to add to your family, The Baby-Making Bible is a must-read. An indispensable guide written with warmth and humour"

Prima Baby & Pregnancy



You and Your Bump

"An inspiring guide to pregnancy that understands your emotional needs and nurtures your physical body"

Brigid Moss, Red Magazine

Acupuncture appointments available 6 days a week in Central London and Chelsea Outpatients Department, 280 Kings Road

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Please visit www.emmacannon.co.uk for more information about Emma's work.

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Some examples of recent press



Harpers Bazaar – April 2011



Zest Magazine – May 2011



Easy Living June 2011



Stella Magazine May 2011